

The Renfrew County Virtual Triage & Assessment Centre (VTAC) is partnering with CHEO and local Emergency Departments to help those who require medical assistance or advice. We encourage you to call your health care provider before going to a doctor's office or hospital.

If you are experiencing any cough, cold or ear, nose & throat symptoms, and require medical assistance or advice,

please <u>first</u> contact your family physician or primary health care provider.

### OR

If you or your child (aged 2 years or older) do not have a family physician or are unable to reach your regular primary health care provider,

## Call Renfrew County VTAC 1-844-727-6404

Same-day appointments for physician assessment by phone/video (possible on-site assessment with paramedics and physicians) to determine the best management options for you or your child.







Instructions on how to best care for yourself and treat your symptoms if you have mild to moderate illness.



Home or clinic visit if essential to further assess and/or administer treatment.

# Life-threatening emergency?

Call 911 or immediately go to the nearest Emergency Department if your child has the following signs or symptoms;

- difficulty breathing
- becoming very pale or blue around the lips
- drowsy or not responding to your voice
- a fit or convulsion
- · becoming unwell quite quickly
- an accident or injury such as a burn, broken bone or cut that may need stitches
- a rash that does not fade when pressed

### OR

if you think that you or someone else is having;

- a stroke or heart attack
- heavy bleeding
- unconsciousness
- · severe breathing difficulties

## Renfrew County VTAC

Family Physicians Paramedic Service Hospitals Public Health

www.RCVTAC.ca

#### Locations

Arnprior Pembroke Renfrew Barry's Bay Cobden Deep River