

# Your Booster Dose or Third Dose of COVID-19 Vaccine

Current as of: December 20, 2021

## Who is currently eligible to receive a third dose of the COVID-19 vaccine?

- ✓ Residents who are moderately to severely immunocompromised or residents that are receiving dialysis (hemodialysis or peritoneal dialysis), **as long as it has been 8 weeks (56 days) since receiving the second dose**. See the end of the resource for the full list of immunocompromised populations.
- ✓ Residents who receive hematopoietic stem cell transplants (HSCT), hematopoietic cell transplants (HCT) (autologous or allogeneic), and recipients of CAR-T-cell therapy, due to the loss of immunity following therapy or transplant.

### Eligible groups for a booster dose as of December 20, 2021

**New!**

The following groups must wait at least **3 months (84 days)** after receiving their second dose. **Check your proof of vaccination records to see when you received your second dose by visiting <https://covid-19.ontario.ca/proof-covid-19-vaccination>.**

First Nations, Inuit and Métis adults, including non-indigenous household members



Health Care Workers (HCWs)



Individuals 18 years of age and over (born in 2003 or earlier)



Recipients of a Viral Vector Vaccine or Series (2 doses of AstraZeneca or 1 dose of Janssen)



- Any regulated health professionals and any staff member, contract worker, student/trainee, registered volunteer, or other essential caregivers currently working in-person in a health care organization, including workers that are not providing direct care and are frequently in the patient environment (e.g., cleaning staff, research staff, other administrative staff).
- Workers providing health care service or direct patient service in a congregate, residential or community setting outside of a health care organization are also included.
- Third doses are recommended, **not required** for health care workers (no need to rush for the third dose).

## Who is considered an essential caregiver?

Caregivers include those who provide direct care to meet the essential needs of a particular resident.

Direct care includes providing assistance to a resident that can be direct physical support (for example, eating, bathing and dressing) or providing social and emotional support.

Eligible residents are asked to book their vaccination appointment online at <https://covid-vacc-rcvtac.mychamp.ca/> or by calling RCDHU at 613-732-9436 or 1-833-773-0004.

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## Who is considered a health care worker?

### All hospital and acute care staff, including:

- Critical Care Units, Emergency Departments and Urgent Care Departments, COVID-19 Medical Units, Code Blue Teams, rapid response teams
- General internal medicine and other specialists, Surgical care, Obstetrics

### All patient-facing health care workers involved in the COVID-19 response, including:

- COVID-19 Specimen Collection Centres, Mobile Testing Teams, COVID-19 Laboratory Services
- Teams supporting outbreak response (e.g., IPAC teams supporting outbreak management, inspectors in the patient environment)
- COVID-19 vaccine clinics and mobile immunization teams
- COVID-19 Isolation Centres
- Current members of Ontario's Emergency Medical Assistance Team (EMAT)

**Medical First Responders** (ORNGE, paramedics, firefighters providing medical first response, police and special constables providing medical first response as part of their regular duties).

**Health care workers working in congregate settings** (assisted living, correctional settings, shelters, supportive housing, hospices and palliative care settings, etc.).

### Home and community health care workers, providing in-person care, including:

- Needle exchange/ syringe programs & supervised consumption and treatment services
- Indigenous health care service providers including but not limited to: Aboriginal Health Access Centres, Indigenous Community Health Centres, Indigenous Interprofessional Primary Care Teams, and Indigenous Nurse Practitioner-Led Clinics
- Community health centres, chronic homecare, birth centres, dentistry and dental hygiene, Pharmacies, Primary care, Walk-in clinics, gynecology/obstetrics, Midwifery, Nurse practitioner-led clinics/Contract nursing agencies, Otolaryngology (ENT), medical and surgical specialties, medical transport, laboratory services, independent health facilities, health care providers in development services, mental health and addictions services
- Health care workers in schools/daycares/campus, sexual health clinics, community diagnostic imaging, dietary/nutrition, audiology, naturopathy, holistic care, chiropractic, chronic pain massage therapy, psychotherapy, social work, public health

## List of currently eligible immunocompromised populations

- ✓ Individuals receiving active treatment (e.g., chemotherapy, targeted therapies, immunotherapy) for solid tumour or hematologic malignancies.
- ✓ Recipients of solid-organ transplant and taking immunosuppressive therapy.
- ✓ Recipients of chimeric antigen receptor (CAR)-T-cell therapy or hematopoietic stem cell transplant (within 2 years of transplantation or taking immunosuppression therapy).
- ✓ Individuals with moderate to severe primary immunodeficiency (e.g., DiGeorge syndrome, Wiskott-Aldrich syndrome).
- ✓ Individuals with stage 3 or advanced untreated HIV infection and those with acquired immunodeficiency syndrome.
- ✓ Individuals receiving active treatment with the following categories of immunosuppressive therapies: anti-B cell therapies<sup>2</sup> (monoclonal antibodies targeting CD19, CD20 and CD22), high-dose systemic corticosteroids (refer to the CIG for suggested definition of high dose steroids), alkylating agents, antimetabolites, or tumor-necrosis factor (TNF) inhibitors and other biologic agents that are significantly immunosuppressive (**see third page**).
- ✓ Residents of Long-Term Care Homes (LTCH), Retirement Homes (RH), Elder Care Lodges, and elderly living in other congregate settings (e.g. assisted-living facilities, chronic care hospitals, naturally occurring congregate retirement settings/congregate senior's apartment buildings, etc.).

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## List of Immunosuppressant Medications for Third Doses in Alphabetical Order

<b>#</b> <ul style="list-style-type: none"> <li>5-Aminosalicylic Acid (ASA)/mesalamine</li> <li>6-mercaptopurine (6-MP)</li> </ul>	<b>H</b> <ul style="list-style-type: none"> <li>Hadlima</li> <li>Hulio</li> <li>Humira</li> <li>Hyrimoz</li> </ul>	<b>R</b> <ul style="list-style-type: none"> <li>Rapamune</li> <li>Rasuvo</li> <li>Remicade</li> <li>Remsima</li> <li>Renflexis</li> <li>Rheumatrex</li> <li>Riabni</li> <li>Rinvoq</li> <li>risankizumab</li> <li>Rituxan</li> <li>Rituximab</li> <li>Riximyo</li> <li>Ruxience</li> </ul>
<b>A</b> <ul style="list-style-type: none"> <li>Abatacept</li> <li>Actemra</li> <li>adalimumab</li> <li>Advagraf</li> <li>Amgevita</li> <li>anakinra</li> <li>apremilast</li> <li>Arava</li> <li>Avsola</li> <li>azathioprine</li> <li>Azulfidine</li> </ul>	<b>I</b> <ul style="list-style-type: none"> <li>Idacio</li> <li>Ilaris</li> <li>Imuran</li> <li>Inflectra</li> <li>infliximab</li> <li>ixekizumab</li> </ul>	
<b>B</b> <ul style="list-style-type: none"> <li>baricitinib</li> <li>belimumab</li> <li>Benlysta</li> <li>Brenzys</li> <li>Brodalumab</li> </ul>	<b>K</b> <ul style="list-style-type: none"> <li>Kesimpta</li> <li>Kevzara</li> <li>Kineret</li> </ul>	<b>S</b> <ul style="list-style-type: none"> <li>Salazopyrin</li> <li>Sandimmune</li> <li>Sarilumab</li> <li>Secukinumab</li> <li>Siliq</li> <li>Simponi</li> <li>Siponimod</li> <li>sirolimus</li> <li>Skyrizi</li> <li>Solumedrol (&gt;16mg/day)</li> <li>Stelara</li> <li>sulfasalazine</li> </ul>
<b>C</b> <ul style="list-style-type: none"> <li>canakinumab</li> <li>Cellcept</li> <li>certolizumab</li> <li>Cimzia</li> <li>Cosentyx</li> <li>cyclophosphamide</li> <li>cyclosporine</li> </ul>	<b>L</b> <ul style="list-style-type: none"> <li>Leflunomide</li> </ul>	
<b>D</b> <ul style="list-style-type: none"> <li>Decadron (&gt;3mg/day)</li> <li>DepoMedrol (&gt;16mg/day)</li> <li>dexamethasone (&gt;3mg/day)</li> </ul>	<b>M</b> <ul style="list-style-type: none"> <li>Mayzent</li> <li>Medrol (&gt;16mg/day)</li> <li>methotrexate</li> <li>methylprednisolone (&gt;16mg/day)</li> <li>Metoject</li> <li>mycophenolate</li> <li>mofetil</li> <li>mycophenolic acid</li> <li>Myfortic</li> </ul>	<b>T</b> <ul style="list-style-type: none"> <li>tacrolimus</li> <li>Taltz</li> <li>tocilizumab</li> <li>Tremfya</li> <li>Trexall</li> <li>Truxima</li> </ul>
<b>E</b> <ul style="list-style-type: none"> <li>Enrbel</li> <li>Entyvio</li> <li>Envarsus</li> <li>Erelzi</li> <li>entanercept</li> </ul>	<b>N</b> <ul style="list-style-type: none"> <li>Neoral</li> </ul>	<b>U</b> <ul style="list-style-type: none"> <li>upadacitinib</li> <li>ustekinumab</li> </ul>
<b>F</b> <ul style="list-style-type: none"> <li> fingolimod</li> </ul>	<b>O</b> <ul style="list-style-type: none"> <li>Ocrelizumab</li> <li>Ocrevus</li> <li>ofatumumab</li> <li>Olumiant</li> <li>Orencia</li> <li>Otezla</li> <li>Otrexup</li> <li>ozanimod</li> </ul>	<b>V</b> <ul style="list-style-type: none"> <li>vedolizumab</li> </ul>
<b>G</b> <ul style="list-style-type: none"> <li>Gengraf</li> <li>Gilenya</li> <li>golimumab</li> <li>guselkumab</li> </ul>	<b>P</b> <ul style="list-style-type: none"> <li>Pentasa</li> <li>prednisone (&gt;20mg/day)</li> <li>Procytox</li> <li>Prograf</li> <li>Purinethol</li> </ul>	<b>X</b> <ul style="list-style-type: none"> <li>Xeljanz</li> </ul>
		<b>Z</b> <ul style="list-style-type: none"> <li>Zeposia</li> </ul>

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